

PRETERM BREASTFEEDING:

TRANSITION from HOSPITAL to HOME

Miami Valley Hospital, 1 Wyoming Street, Dayton, OH

SEPTEMBER 21, 2021

08:30a-4:00p

Berry Building

LIVE or VIRTUAL: Your choice!

Bieser Auditorium

Seminar will be recorded and made available to registrants until 10/31/21

Register online with credit card at PCEORegion2.org or mail check & registration form

This fast-moving day will combine several keynote presentations with multiple mini-lectures including stories from mothers who began their breastfeeding journey in the NICU.

Dr. Vanessa Shanks, MD will begin the day with her keynote presentation entitled **Late Preterm Infants: Not Just Small Babies**. Dr. Shanks is an attending physician at Nationwide Children's NICU where she is also the Medical Director of Lactation Services. This session will help identify techniques to optimize long term milk supply and support the breastfeeding relationship while providing adequate nutrition for the preterm infant. She will also discuss establishing direct breastfeeding during the transition to home.

Calvin Williams, President of Lucian Families Inc., has spent over 20 years in the fatherhood field as a practitioner, curriculum author, program developer, trainer, and policy advocate. His keynote address entitled **The Father Factor in Breastfeeding Implementation and Success** will help providers understand how fathers may feel about a preterm infant and the lactation process. He will discuss effective communications techniques to use when working with new fathers to involve them in the process.

Kara Ann Waitzman, OTR/LCNT, NTMTC, is a practicing therapist in the NICU at Miami Valley Hospital working with babies of all gestations. Her keynote address entitled **Evidence Based Feeding Techniques** will help caregivers to recognize the physical and developmental differences between the term and preterm infant. She will demonstrate techniques to assess suck and feeding readiness, as well as techniques to support effective feeding in preterm infants.

Complimentary mini-lectures will expand upon protecting and increasing milk supply early in the process as well as supporting the successful return to the workplace for the breastfeeding mom. Although focus will be on preterm and late preterm feeding issues, content will be valuable to all caregivers who support breastfeeding families.

Applications have been submitted for L-CERPs and Nursing Contact Hours

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