



OHIO LACTATION
CONSULTANT ASSOCIATION

Application has been made for IBLCE CERPs and Nursing contact hours.

For CERP and CEU information contact:
Mary Ann Blatz
ceu-cerp@ohio-olca.org

Poster Session

OLCA supports and encourages research, innovation, and creative implementation of Best Practices in Breastfeeding and Human Lactation.

Posters will be linked on the conference website.

For information or to submit a poster:

breastfestposters@ohio-olca.org

A link for the conference handouts will be posted on the conference website ONLY.

Replacement Certificates for CEs, CERPs or CEUs are available for a fee of \$25.

Please contact
ceu-cerp@ohio-olca.org
for information.

OLCA's 29th Annual Breastfest Conference March 19 ~ 20, 2021

Virtually Together: Lactation Support in a New Reality

Join us for our first ever virtual Conference!

Friday, March 19: Live-streamed Core Conference

- 7:30-8:00 am Sign In for Live Conference
8:00-8:15 OLCA President's Address: **Allyson Wessells**
8:15-9:45 A Brief History of Models of Alleged "Normal, Healthy, Human Infant Sleep" in Western Industrialized Societies - **James McKenna**
9:45-10:00 Break
10:00-11:30 Protecting, Promoting, and Supporting Breastfeeding: the Baby - Friendly Hospital Initiative for Small, Sick and Preterm Newborns - **Nancy Wight**
11:30-12:00 Break
12:00-1:30 Electronic Ethics! Avoid Getting Shocked When Texting and Cloud - based Sharing - **Liz Brooks**
1:30-1:45 Break
1:45-3:15 Maternal Experiences with Breastfeeding During the Pandemic - **Merilee Brockway and Sarah Turner**
3:15-3:30 Break
3:30-5:00 The Science Supporting Exclusive Breastfeeding: The Microbiome and Epigenetics - **Jenny Thomas**
5:00-5:15 Closing Remarks

On-Demand Sessions ~ Formerly known as "Breakouts"

These sessions will be available for on-demand viewing from Saturday, March 20, 2021, until June 19, 2021.

- A. Human Milk Sharing, Selling and Donation: Legal and Ethics Angles - **Liz Brooks**
- B. Dazed and Confused After Discharge: Breastfeeding Support is Different Once Families Go Home - **Liz Brooks**
- C. Rooting for the Millennial: Lactation Support and Education for the Millennial Breastfeeder - **Molly K. Carrigg**
- D. "Google It": How to Support a New Generation of Breastfeeding Families - **Joni Gray**
- E. *Breastsleeping*: The Return of Humankind's Oldest and Most Successful Sleep and Feeding Arrangement - **James McKenna**
- F. Breastfeeding Among Minority Women: Barriers to Success - **Brandi Rahim**
- G. Navigating the First Two Weeks: The Normal Newborn and Appropriate Supplementation - **Jenny Thomas**
- H. Unique Characteristics of the Late-preterm Infant - **Jenny Thomas**
- I. Exclusive Pumping: Pros, Cons, and Considerations - **Marsha Walker**
- J. Breastfeeding's Four Horsemen of the Apocalypse: Hypoglycemia, Hyperbilirubinemia, Weight Loss, Dehydration - **Marsha Walker**
- K. Premie Nutrition: The Ten Best Practices and the Science Behind Them - **Nancy Wight**

Faculty

James McKenna, Ph.D.

Dean's Executive Professor of Anthropology, Department of Anthropology, University of Santa Clara and, Edmund P. Joyce C.S.C., Chaired Professor of Anthropology, Emeritus, Director, Mother-Baby Behavioral Sleep Laboratory, Emeritus, University of Notre Dame, Fellow, American Association for the Advancement of Science

Nancy Wight, MD, IBCLC, FABM, FAAP

Attending Neonatologist, Medical Director, Lactation Service, Sharp Mary Birch Hospital for Women and Newborns (Retired)

Elizabeth Brooks, JD, IBCLC, FILCA

Author, Private-practice Lactation Consultant, Wyndmoor, PA, USA

Merilee Brockway, Ph.D., RN, IBCLC

Post-Doctoral Researcher, Molly Towell Fellow, Co-Lead iPOP Study, Department of Pediatrics and Child Health, University of Manitoba, Adjunct Assistance Professor, Faculty of Nursing, University of Calgary

Sarah Turner, MSc.

Vanier Canada Scholar, Azad Lab, University of Manitoba Children's Hospital Research Institute of Manitoba

Jenny Thomas, MD, MPH, IBCLC, FAAP, FABM

Pediatrician, Advocate Aurora Health, Clinical Assistant Professor of Community and Family Medicine and Pediatrics, Medical College of Wisconsin

Molly K Carrigg RNC-MNN, BSN, IBCLC

Instructor, Notre Dame College, Lakeland Community College

Joni Gray, Ed.D., M.A., B.A., CLC, CLS

Assistant Professor of Mass Communication, Alderson Broaddus University

Brandi Rahim MSW, LSW, CLC

Cradle Cincinnati Connections

Marsha Walker, RN, IBCLC

Board of Directors, National Lactation Consultant Alliance

Speakers and Topics are subject to change at any time due to unforeseen circumstances, without notice to attendees.

The Fine Print

- Log in information will be provided by email the week before the Conference.
- Live sessions will be recorded and released for viewing on Monday, March 22nd.

OLCA Members:

Check your inbox for emails from OLCA!

If you are not receiving them, please contact membership@ohio-olca.org

Sole responsibility for the content of the speaker presentations rests with the speakers.

OLCA is not responsible for the content of speaker presentations nor for the future actions of participants of our educational events.

We're on the Web

WWW.OHIO-OLCA.org

Tuition ~ Full Conference

1. Member Price (January 4, 2021 - January 31, 2021)*	\$210
2. Non-member Price (January 4, 2021 - January 31, 2021)	\$225
3. Member Price (February 1, 2021 - March 13, 2021)*	\$235
4. Non-member Price (February 1, 2021 - March 13, 2021)	\$250
5. Late Registration Member Price (March 14, 2021 - April 16, 2021)*	\$285
6.. Late Registration Non-member Price (March 14, 2021 - April 16, 2021)	\$300

*** Member price includes \$35 Membership dues for 2021 member year!**

We're on Facebook

<https://www.facebook.com/Breastfest2021>

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