



OLCA's 33rd Annual Breastfest Conference ~ Hot Topics in Lactation

March 14 ~ 15, 2025

Renaissance Columbus Westerville ~ Polaris Hotel
Westerville, Ohio

AGENDA

Friday, March 14: Conference

- 11:30 - 1:30 pm Milk Bank Tour: Impact of Processing on Micronutrients of Human Milk - *Marla Wilson*
(optional tours repeated every 30 minutes)
- 4:00 - 5:00 Conference Registration: Exhibits open
- 4:45 - 6:00 Meet & Greet Reception (with heavy appetizers)
- 6:00 - 6:15 Conference doors open
- 6:15 - 6:30 OLCA President's Welcome: *Laura Atkinson***
- 6:30 - 7:00 Awards
- 7:00 - 7:30 **Ohio WIC Breastfeeding Plan Strategic Overview, *Meagan Richardson and Suzanne Crable***
- 7:30 - 7:45 Break; Exhibitors open, Posters on display
- 7:45 - 8:45 **Pump Smart, Part I, *Nichelle Clark***
- 8:45 - 9:00 Questions and Answers; Evaluations

Saturday, March 15: Conference

- 7:00-8:00 am Sign In for Conference
Continental Breakfast
Exhibits Open, Poster Presentations by Authors
- 8:00-9:30 **Breakout Session One - See Options below**
- 9:30-10:00 Break; Exhibitors open, Posters on display
- 10:00-11:30 **Breakout Session Two - See Options below**
- 11:30-11:45 Lunch set-up; Exhibitors open, Posters on display
- 11:45-12:45 Lunch, **OLCA President's Address: *Laura Atkinson***
- 12:45-1:30 **Grants, Scholarships: *Carly Dulabon***
- 1:30-3:00 **Tongue-tie, Lip-tie and Cheek-tie: The Controversy and Infant Feeding, *Greg Notestine***
- 3:00-3:30 Break; Exhibitors open, Posters on display (last chance)
- 3:30-4:30 **Pump Smart, Part II, *Nichelle Clark***
- 4:30-4:45 Questions and Answers; Evaluations

Break-out Presentations ~ Choose Two

- **Wearing Me Out: Incorporating the Use of Wearable Pumps and Tools Into Your Practice** - *Nichelle Clark*
- **The Skin Microbiome: Commensal Tuning of Immune Function in Neonatal Barrier Tissues**
- *Miqdad Dariwala*
- **Oral Assessments: the Importance in the Nursing Dyad** - *Kellie Green*
- **Human Milk: The Maternal Perspective** - *Elizabeth Maseth*