



OLCA November Educational Meeting

November 4, 2023

CERP Record and Personal Verification of Attendance

Name _____ IBCLC# _____

Address _____ Email _____

City _____ State _____ Zip _____

| Time | Topic | Objective | CERPs Available | CERPs Attended |
|--|--|---|-----------------|----------------|
| Faculty: Suet Kam Lam, MD, IBCLC, MPH, MS, FAAP; Lorena Wicklund, BS | | | | |
| 60 minutes | A History of Breastfeeding: Through an Equity Lens | <ol style="list-style-type: none"> Describe etiology & evolution of breastfeeding from ancient through current times, including use of breast pumps and bottle feeding. Understand disparities in breastfeeding. Describe breastfeeding practices among different cultures around the world. | 1L | |
| Faculty: Suet Kam Lam, MD, IBCLC, MPH, MS, FAAP; Allison Epstein, BS | | | | |
| 60 minutes | Nipple Pain in Lactation | <ol style="list-style-type: none"> Understand common causes of nipple pain in lactation. Recognize signs & symptoms of patients experiencing nipple pain. Describe medical management for lactating patients experiencing nipple pain. | 1L | |
| Faculty: Karen Federici, MD, IBCLC, FABM | | | | |
| 120 minutes | Informed and Empowered: Overcoming Breastfeeding Misinformation in Healthcare | <ol style="list-style-type: none"> Identify breastfeeding misinformation commonly encountered within healthcare settings, and understand its impact on breast/chest-feeding. Develop strategies to promote self-efficacy and self-advocacy among breast/chest-feeding families. Foster a collaborative relationship within the community to correct misinformation, encourage breastfeeding education for healthcare providers, & inform & empower breast/chest-feeding parents. | 2L | |
| Total program CERPs | | | | |
| OLCA is accredited by IBLCE as a long term provider of CERPs LTP# CLT 10-27 | | | 4L | |
| OLCA Continuing Education Coordinator: Mary Ann Blatz, DNP, RNC-NIC, IBCLC (Authorized Representative) <u>MaryAnnBlatz DNP, RNC-NIC, IBCLC</u> | | | | |

I verify that I attended the topics as indicated above. I have earned the CERPs indicated on this form.

Signature _____ Date _____