

# OHIO LACTATION CONSULTANT ASSOCIATION

Westerville, Ohio

## CERTIFICATE OF CONTINUING EDUCATION

This certificate of participation is given to

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for completion of the program

### ***Celebrating 40 Years of OLCA: Breastfest 2026*** ***For up to 13 contact hours/13 CERPs***

***VIRTUAL sessions are available for on-demand viewing March 28 until May 3, 2026.***

***Please claim credit only for sessions attended. (Please save this certificate—replacement fee: \$30.00.)***

#### **On-Demand Sessions (Available 3-28-26 until 5-3-26)**

- \_\_\_\_\_ Empowering Parents: Importance of Prenatal Lactation Assessment & Support - (1.5 Contact Hour &/or 1.5 L-CERP: I-B-1 VII-B,II-A)
- \_\_\_\_\_ The Importance of Tummy Time in Early Infancy - (1.25 Contact Hour &/or 1.25 L-CERP: I-A-7)
- \_\_\_\_\_ Infant Oral Assessment - (1 Contact Hour &/or 1 L-CERP: I-A-3, III-A, VI, VII-B)
- \_\_\_\_\_ From Care to Community: Building a Sustainable Lactation Practice - (1 Contact Hour &/or 1 L-CERP: VII-E-3)
- \_\_\_\_\_ Breastfeeding Duration, Maternal Empowerment, & IBCLC Care Coverage - (1 Contact Hour &/or 1 L-CERP: VII-E-3 & 5)
- \_\_\_\_\_ History of IBLCE/OLCA- (1 Contact Hour &/or-1 L-CERP: VII-E-3)
- \_\_\_\_\_ Leave Them Wanting More: Breastfeeding Education - (1 Contact Hour &/or 1 L-CERP: VII-B-4 & 5)
- \_\_\_\_\_ Supporting Infant Feeding in the Aftermath of Natural Disasters - (1 Contact Hour &/or 1 L-CERP: VII-E-6)
- \_\_\_\_\_ Lactation Equity for BIPOC Families During the Prenatal Period - (1 Contact Hour &/or 1 L-CERP)
- \_\_\_\_\_ A Collaborative Approach to the Fourth Trimester for Lactation - (1 Contact Hour &/or 1 L-CERP: V-L)
- \_\_\_\_\_ The Importance of Understanding and Implementing the Code to Counter Formula Marketing- (1 Contact Hour &/or 1 E-CERP: VII-C-5)
- \_\_\_\_\_ Do Wearables Suck? An Analysis of Hands-Free Breast Pumps - (1.25 Contact Hour &/or 1.25 L-CERP: VII-A-5)

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**Total number of contact hours claimed**

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**Total number of CERPs claimed**

/s/ **Mary Ann Blatz** 3-24-2026

Mary Ann Blatz, DNP, RNC-NIC, IBCLC, CERP/CE Coordinator

- This CE Activity, OLN-S-3238-B-2026, offered by Ohio Lactation Consultant Association (OLCA) has been approved for 13 contact hours by the Ohio Board of Nursing through the approver unit at the Ohio League for Nursing (OBN-006-92) and the program is approved to be offered through March 18, 2028.
- Up to 24.0 L-CERPs; 1.00 E-CERP recognised by IBLCE (International Board of Lactation Consultant Examiners), IBCLE Preferred Provider Verification Number C2026206. The on-demand portion offers up to 13 CERPS.