

OLCA NEWS

Ohio Lactation Consultant Association



President's Corner

This is such a busy time of year! I am taking a few minutes to write this between putting away the "good" china from Thanksgiving, setting up and decorating the Christmas Trees, stringing outside lights, writing Christmas cards...well, you are all doing the same things, I am sure! We are all very busy--we are (mostly) women!

Please, no matter how busy you are, take a few minutes to think about OLCA. Breastfest is coming upon us early this year. Betsy can use some volunteers to help before and during the conference. This is a great way to make new friends and connect with old friends. Also, award, grant and scholarship applications are due early this year. We need these by December 31. The forms are easy to complete. Please take a few minutes to acknowledge a deserving person or business, apply for funds to further your lactation related education, or for a worthwhile lactation related project. An important goal of OLCA is to recognize and support those working in the lactation field.

It is necessary to provide all the information on the forms, especially the contact information. Additional contact information can be helpful. For a business award, we need a contact person. For other awards, we need name, address, phone number and e-mail, if available. Unfortunately, we were unable to consider some very worthwhile individuals last year because the committee had no way to contact the award nominee. For scholarships and grants, please be specific in what the money will be used for.

Award nominations should be sent to me — Nancy Howe at: 1725 N. Twp. Rd. 73, Tiffin, OH 44883

Grant applications should be sent to Barbara Scott at: 7601 Eagle Creek Dr., Dayton, OH 45459

Scholarship applications should be sent to Ann Twiggs at: 1003 Bryden Road, Columbus, OH 43205

A follow-up call or e-mail may be a good idea to be sure your applications have been received.

House Bill 554 is advancing through the legislative process. I testified before the House Health Committee on November 17. The third and final hearing will be December 1. I have not heard if there is a Senate sponsor yet. Rep. Clancy is working to get this bill passed and has vowed to introduce it in the next session if it is not acted upon during this session.

I am disappointed in the press coverage the hearing received. Most papers seem to have picked up the article written by a Cleveland Plain Dealer reporter. He seemed to focus on this bill being a battle of the sexes, stressing that all the bills sponsors were women, and that the women seemed to think it was sweet when babies were nursed in the hearing room and the men seemed embarrassed. He neglected to report that Rep. Yates spoke up and volunteered to be the first male co-sponsor of the bill. When this bill is brought before the legislature, it will be important for all OLCA members to contact their Representatives and Senators encouraging support of this bill.

During this busy holiday season, remember awards, grants, and scholarships, and House Bill 554. I wish you and your families a blessed Christmas and a wonderful New Year.

OLCA NEWS

December, 2004

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WHO'S WHO IN OLCA

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North East:

Madonna Fasimpaur, LPN, IBCLC
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OLCA NEWS is the newsletter of the Ohio Lactation Consultant Association. Opinions expressed by the authors of articles summarized, quoted, or printed in full in the OLCA NEWS represents the opinions of those authors, and do not necessarily reflect the official policy of OLCA.



Ohio Lactation Consultant Association

Mission Statement

To be the voice of Ohio lactation consultants in their efforts to transform society into a breastfeeding culture. To empower, support, and educate our membership enabling them to be articulate agents for change.

Grant Application and Proposal

Each year the Ohio Lactation Consultant Association awards grants to OLCA Members for breastfeeding promotion. The amount of the Grant is determined by the yearly Budget. This form may be photocopied. Please type or print legibly to complete this application form.

Guidelines for proposal:

Grant money is to be used for Breastfeeding Promotion following the WHO Code

Up to \$400.00 for each grant.

Fiscal year is June 1 to May 31. Money awarded must be used by April 30 each year.

Grants will be announced each year at Annual Conference

Check must be used within 90 days of issue date.

Money will roll back into OLCA account if not used within time frame.

Results and or progress must be reported to your OLCA Region Representative quarterly.

Map of representation is available online at www.OHIO-OLCA.com

An article about the Breastfeeding Promotion must be submitted following event for use in Newsletter and Website

The proposal must be typed, and please limit to one page.

Send Application and Proposal to the current Vice President of OLCA who is also Regional Grant Coordinator.

Completed form and Proposal may be attached to an email or put on disk as an option.

The Board will review each proposal and make final decision of award.

Contact Information

Name: _____ Title/Affiliation: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Fax: _____ Email: _____

Other contact information: _____

1. Vision, Purpose, Goals and Objectives; (including, how the money is to be used.)
2. Time frame
3. Amount requested
4. Budget
5. Outside resources
6. Responsible parties
7. Who should check be made out to and Where sent?
8. Location of event
9. Show how the OLCA Grant will be acknowledged.
10. Target audience (including number expected to reach)

Completed application and proposal must be postmarked by December 31st, 2004.

OLCA Vice President, Region Representatives and Region Maps can be found on our website:

www.OHIO-OLCA.org



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Award Nomination Form

Each year the Ohio Lactation Consultant Association presents awards to those individuals and institutions that have done an outstanding job promoting and supporting breastfeeding. Please complete this form, with typewritten answers to questions regarding nominee on a separate piece of paper. This form may be reproduced.

Check the category for nomination:

- _____ Outstanding OLCA Member for the Year
- _____ Outstanding Breastfeeding Peer Helper (Counselor)
- _____ Most Breastfeeding Supportive Hospital
- _____ Most Breastfeeding Supportive WIC Project
- _____ Most Breastfeeding Supportive Health Professional (physician, nurse, therapist, etc.)
- _____ Most Breastfeeding Supportive Ohio Media Outlet (TV, radio, newspaper, magazine)
- _____ Most Breastfeeding Supportive Business
- _____ Most Breastfeeding Supportive Ohio Legislator
- _____ Most Breastfeeding Supportive Non-Governmental Institution
- _____ Other Category _____

Nominee Information

Name of Nominee: _____
Address of Nominee: _____
Phone number where nominee can be reached: _____
Name of person submitting nomination: _____
Phone number of person submitting nomination: _____

Questions Regarding Nominee

1. How has this individual or agency promoted and/or supported breastfeeding in their community?
2. What is it about this individual or agency's actions that deserves recognition?
3. What accomplishments has this individual or agency achieved that has furthered the goal of transforming our society into a breastfeeding culture?

Completed forms must be postmarked by December 31st, 2004. Mail to the current OLCA President. Information available on our website

www.OHIO-OLCA.com



Ohio Lactation Consultant Association

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Application for Scholarship

This year the Ohio Lactation Consultant Association will provide six scholarships for professional development in the area of lactation. Applicants must be currently residing in Ohio. Each scholarship is awarded up to \$500.00 and can be used for conference registration, professional development or any related expenses. Applicants will be chosen from the following categories (please check your category):

- Health Professional
- Lay person/Para-professional (e.g.: LLL, peer helpers or Grads teacher)
- Medical Student
- Other; please specify _____

NAME _____

CREDENTIALS _____ MEMBER OF OLCA? _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PHONE (hm) _____ (wk) _____

PRESENT EMPLOYER _____

CURRENT RESPONSIBILITIES _____

HAVE YOU RECEIVED THIS SCHOLARSHIP BEFORE? _____ WHAT YEAR? _____

Please answer the following questions on a separate paper, typewritten if possible.

1. Please state your goal and purpose for requesting this scholarship.
2. How will your request advance OLCA's mission?
3. In what way (s) have you been active promoting, supporting, and/or protecting breastfeeding in your local community, place of employment, etc.?
4. Will your employer or hospital make a contribution towards your stated goal?
5. Please include the following with your completed application:
 - A. Separate sheet with answers to previous questions.
 - B. Two letters of recommendations.

APPLICANT'S CERTIFICATION

I believe myself eligible for and hereby make application to receive one of the Scholarships administered by the Ohio Lactation Consultant Association. I certify that all statements made in this application are complete and accurate. I understand that:

- Falsification on my application or other attachments will disqualify my application.
- Failure to follow all instructions of this application and to submit attachments will render my application incomplete.
- Failure to submit my application before the deadline listed will disqualify my application.
- Selection will be made with input from the Selection committee and approval by the OLCA Board. The Board decision will be final.
- Incomplete applications will not be considered.
- Monies must be used within one year of award date.

SIGNATURE OF APPLICANT _____ DATE _____

All completed applications, together with all necessary supplemental documents, must be post-marked by December 31st, 2004. **Mail to the Ann Twiggs.** Information is on our website

www.OHIO-OLCA.org

Call for Nominations for OLCA Officers 2005

OLCA is a strong professional organization because of the efforts from its members. Keeping it strong is an on going work. **NOW** is the time to come forward and offer your services. Serving in OLCA is a responsibility, but it is also fun and good way to network with other breastfeeding supporters. The terms go by quickly and there is lots of support. Organizations do not just happen. Many hands are needed. In 2005 OLCA will need the following positions filled:

- ü **Secretary,**
- ü **Treasurer,**
- ü **Northwest Representative,**
- ü **Northeast Representative,**
- ü **Central Representative,**
- ü **Southeast Representative. (one year term)**

Ballots will be going out in the February Newsletter for membership voting. Winners will be announced at the April 9th membership meeting. Terms will start in May 2005. If you would like to volunteer your time and talents please call or email Madonna Fasimpaur to have your name placed on the ballot.

Committee Chairs Needed

If you are willing to serve on the following committees please call Nancy Howe. OLCA needs YOUR help.

- ü OLCA Scholarships Committee Member
- ü OLCA Awards Committee Member
- ü OLCA Grant Committee Member
- ü Librarian
- ü Conference Exhibitor Chairperson (to help Judy McCurdy this year and take over next year)

Future Meeting Dates

February 16, 2005 Grand Rounds at Children's Hospital
in Columbus, Ohio

February 17-18, 2005 Breastfest at Marriott North
Columbus

April 9, 2005 OLCA Member Meeting

June 17, 2005 OLCA Board Meeting

June 18, 2005 OLCA Annual Member Meeting

**Pat Bucknell, IBCLC
OLCA Membership Chair
204 James Circle
Avon Lake, OH 44012**

OLCA NEWS

Time to renew if box
is marked



Ohio Lactation Consultant Association Membership Form (use for ADDRESS CHANGES too)

Name: _____ Title (e.g .IBCLC, RD/LD, RN, LLLL) _____

Place of Employment: _____

Preferred Mailing Address: _____

City: _____ County: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Fax Phone: _____ E-mail Address: _____

_____ Enclosed is my \$25.00 check to O.L.C.A. for membership* _____ Address change only

_____ Do not include my name on mailing lists provided to external organizations.

Mail to: **Pat Bucknell, IBCLC
OLCA Membership Chair
204 James Circle
Avon Lake, OH 44012**

*OLCA is a 501C(6) Corporation and membership may be deductible. Check with your tax advisor