

# OLCA NEWS

Ohio Lactation Consultant Association



Visit our web site at [www.Ohio-OLCA.org](http://www.Ohio-OLCA.org)

January  
2006

## The President's Corner

Hello everyone. I hope your holidays were enjoyable and you spent quality time with the people that are most important to you.

I want to stress the importance of getting back some of your OLCA dues by submitting an application for a grant or scholarship. Those requests are sent to Barbara Scott, OLCA Vice President. Here is your chance to have a small pot of money to run a pilot project that you think will make a difference in your work setting. Also look around you and recognize the people and companies that are making a difference to breastfeeding babies and mothers in your community. The applications for OLCA recognition awards should be sent to me. The deadline for all applications; grant, scholarship and recognition awards is midnight, March 1, 2006. See OLCA's website for applications.

The annual OLCA Breastfest is Thursday, April 27th and Friday April 28<sup>th</sup> in Columbus, Ohio. Please mark your calendar now and request these days off to join us for an enriching educational experience.

This seems to be my "reminder list" message so I'll add the first deadline for application to sit the 2006 IBCLC Exam is March 31<sup>st</sup>. The IBLCE will accept applications after that date but the fee goes higher as the exam date approaches.

Be sure to read on for Betsy's latest conference updates and the upcoming February 11, 2006 OLCA meeting details. Hope to see you in Columbus.

Madonna

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# WHO's WHO IN OLCA

## OLCA Officers

**President:**

Madonna Fasimpaur, LPN, IBCLC  
440-350-1733; lactserv@apk.net

**Past President:**

Nancy Howe, MS, RD, LD, IBCLC  
419-443-1125; howesew@yahoo.com

**Vice President:**

Barbara Scott, RN, BSN, IBCLC  
937-435-5663; BarbaraRScott@msn.com

**Treasurer:**

Joy Kubit, RN, IBCLC  
330-908-3124; joykubit@prodigy.net

**Secretary:**

Judy McCurdy, RN, IBCLC  
419-433-6598; mcurdyjudy@LRBCG.com

## Area Representatives

**South East:**

Jean Cooper, RN, BSN, IBCLC  
740-633-4294; jacobswell@zippytech.com

**South West:**

Lynne Schwaberow, RN, BSN, IBCLC  
937-855-4950; eschwaberow@woh.rr.com

**Central:**

Deb Zwolinski, RN, IBCLC  
740-881-5825; dzwolinski@msn.com

**North West:**

Michelle Price, RD, LD, IBCLC  
419-658-2947; michelleprice@chwchospital.com

**North East:**

Liz Maseth, RN, BSN, IBCLC  
216-521-0016; lizmaseth@yahoo.com

## OLCA Chairpersons

**Conference Coordinator:**

Betsy Studer, RN, MSN, IBCLC  
330-837-0220; estuder@juno.com

**Legislative Liaison:**

Ann Twiggs, RD, LD, IBCLC  
614-252-2839; ATWIGGS@odh.ohio.gov

**Librarian:**

Charlotte Kister  
440-224-2245 dkister@alltel.net

**Membership Chairman:**

Pat Bucknell, IBCLC  
440-933-2023; pabucknell@juno.com

**CERP Coordinator:**

Lynne Castele, RN, MSN, IBCLC  
330-721-5980;  
lcastele@medinahospital.org

**Historian:**

Carolyn Zara, MSN, CRNP, CNS, IBCLC  
419-589-5622; jimzee@sprintmail.com

**Speaker Coordinator:**

Lynne Schwaberow, RN, BSN, IBCLC  
937-855-4950; eschwaberow@woh.rr.com

## Newsletter Staff

**Editor and Layout:**

Judy McCurdy, RN, IBCLC  
419-433-6598; mcurdyjudy@LRBCG.com

**Proofing:**

Betsy Studer, RN, MSN, IBCLC  
330-837-0220; estuder@juno.com

**Copies/Mailing:**

Nancy Howe, MS, RD, LD, IBCLC  
419-443-1125; howesew@yahoo.com

OLCA NEWS is the newsletter of the Ohio Lactation Consultant Association. Opinions expressed by the authors of articles summarized, quoted, or printed in full in the OLCA NEWS represents the opinions of those authors, and do not necessarily reflect the official policy of OLCA.

# Meeting Dates

## **Member and Educational Meetings**

**February 11th, 2006**

Mount Carmel Medical Center, Columbus

*See Education section for more information*

**June 9th, 2006**

*Board meeting to be held in the Cleveland area*

**June 10th, 2006**

*Member meeting/Continuing Education to be held in the Cleveland area*

## **OLCA's Thirteenth Annual Breastfest**

**Thursday April 27th, 2006**

*Evening Keynote Address: 7-9PM*

**Friday April 28th, 2006**

*All day conference: 8-4:30PM*

Embassy Suites Hotel, Dublin Ohio

### **Guest Speakers**

Christina Smillie, MD, FAAP, IBCLC, FABM

and

Barbara Morrison, PhD, CNM, FNP

**Mark your calendars now!!**

## **CIMS**

Coalition for Improving Maternity Services  
5th Annual Childbirth Forum and Meeting

February 23-25 with a preforum on Wednesday February 22

Key Speaker Dr. Christiane Northrup

For more information call Linda Smith

937-438-9458

[lindaj@bflrc.com](mailto:lindaj@bflrc.com)

# November 19th, 2005 Members Meeting

Meeting was called to order by Madam President Madonna Fasimpaur.

The September minutes were read and approved on motions by Georgia Morrow and Pat Bucknell.

**Treasurer's Report:** An itemized report was given to the membership along with the quarterly report for September 2005 through November 2005. Total income was \$715.40. Total expenses were \$4,839.58. Our current balance is \$16,750.57. Joy states that the OLCA pens are here and are free to the membership to use as promotional items at conferences and work places. Treasurer's report approved by membership on motions by Georgia Morrow and Nancy Howe. Question regarding the selling of items and paying sales tax was discussed. Joy noted that at the present time OLCA does not have a vender's license, but that she can get one by making a phone call.

**Grants/ Scholarship Update:** Barbara Scott reported that one grant was approved by the OLCA board at last board meeting. That grant was for Dr. Sheela Geraghty from Cincinnati. The money will be used to do a survey. This survey with Dr. Geraghty has no ties to any formula companies.

## Regional Representatives Report

### Northwest Region-by Michelle Price

Region III Perinatal Education Consortium offered a breastfeeding conference on October 19th, at Firelands Regional Medical Center in Sandusky. The title was "Breastfeeding: Hospital Support After Delivery Evidence-Based Guidelines". Speakers for the conference included OLCA's Past President, Nancy Howe, MS, RD, LD, IBCLC and current Secretary, Judy McCurdy, RN, IBCLC, as well as Lisa Hoffman, RN, IBCLC. It was an excellent conference with approximately 20 attendees.

Perinatal Region II Breastfeeding Educators and Lactation Consultants' Network meeting met on November 10th, at St. Charles Mercy Hospital in Oregon. Topic: How cord clamping techniques can affect the infant's adaptation to extra-uterine life. Case studies: use of goat's rue in primary lactation failure, and breast cancer during lactation. Speakers; Dr. Paul Byrne, Neonatologist with St. Charles Mercy Hospital and Ann Mercer, RN, BSN, IBCLC with St. Vincent Mercy Medical Center.

Michelle is in process of working on an invitation letter to join OLCA (or learn more about OLCA) to send out to area breastfeeding support groups, La Leche League groups, WIC offices, OB/Pediatric offices, and hospital breastfeeding educators. Etc. (Madonna interjected that she has a letter made up also).

Michelle has also been contacting current Northwest region OLCA members via e-mail/phone/mail to send reports to keep region informed on breastfeeding happenings, etc. Michelle has requested photos of breastfeeding educators working in their respective areas to be sent to her to use in updating the Northwest region OLCA display board. Michelle has also been handing out many CDC booklets to the local OB and Peds.

Lori Nester is starting up a North West Central Coalition.

### Southwest Region- by Lynne Schwaberow

Lynn stated that an OLCA Board for the SW region has not been found yet.

The Miami Valley coalition has started again. They are meeting on Tuesday mornings which seems more agreeable with everyone's schedules. Their first meeting was in October.

The Tri-state breastfeeding coalition has been reported by Dee Keith to be active at this time. They were alerted to two program offerings that breastfeeding supporters should know about: *First* -Dr. Warner, from Cincinnati's Good Samaritan Hospital, speaks on November 18th at Children's Hospital on the AAP's statement on pacifier use and co-sleeping. Second- Dr. Owens, Hamilton County coroner, is to speak on November 25th at 7:30 a.m. at Children's Hospital on his statistics and co-sleeping. According to Dee, he is not an advocate of co-sleeping. He thinks 3 infants per week die from co-sleeping, but his statistics come from a form that is used for all deaths. The form has no questions specific to infants such as are they breastfeeding, any second hand smoking, condition of mom when sleeping with infant, environmental conditions, etc. The CDC has a more specific form that we should encourage to be used.

Lynne was excited to announce that Southview Hospital is investigating the application for Baby Friendly Certification.

### Central Region- by Deb Zwolinski

Deb noted that Cindy Deering's position of Breastfeeding Coordinator in WIC has been posted. It is a 24 hour per week position. She has contact information if anyone is interested.

Bonnie Herbst from OSU has started a breastfeeding program to support the moms who have babies in the NICU.

*(Continued from page 4)*

Dr. Greg Anderson has been nominated for the March of Dimes Health Professional Leadership Award.

Grant Hospital offered a two day program for Kangaroo Care Certification. Over 100 people attended. They are also still participating in research with Susy Ludington regarding skin to skin and the impact on breastfeeding the full term infant. Riverside hospital is using more Donor milk and are giving classes to the staff in regards to using and storing it.

Barbara Greenfield successfully completed the Grief Training education course. She is still doing the breastfeeding classes for Toys R US stores.

Columbus Children's is developing protocols for transport teams to encourage moms to start early pumping when their babies have to be taken to another hospital.

Hollister is affiliating with Walgreen in central Ohio which are 24 hour stores. They will be loaning and selling pumps. Moms on Medicaid can use their service also. Madonna states that the program is going to come to Cleveland also.

#### **Milk Bank Report**— by Georgia Morrow

Mothers' Milk Bank of Ohio has two new depots: St. Vincent's Mercy Medical Center in Toledo and Mt. Horeb in Wisconsin. Toledo has received 3 shipments while the first shipment of 2000 ounces was taken to Wisconsin.

Georgia has presented at the following: Ohio Birth Defects Prevention Group, St. Vincent's Annual Perinatal Conference, Columbus Children's Quarterly Nurse/Manager Education Meeting where there were 44 hospitals represented. She also was on a panel at the HMBANA conference to discuss establishment of a milk bank. She also had a Poster Display at the Columbus Children's Annual NICU Retreat. Georgia is working on becoming a presenter at the Ohio Neonatal Nutritionist Quarterly Meeting at some future time.

Some Exciting news—Peter Hartman and his group are in the process of developing human milk—milk fortifier. We all look forward to hearing more about that. The Milk Bank's ink and cartridge program is doing well. Providing \$50 to \$100 per month in income.

Dr. Valentine from Children's hospital has volunteered to be the Medical Director of Human Milk Research and Development and oversee the Milk Bank. Doctor also wants to be involved with the state wide breastfeeding coalition that is going to be promoted by the United States Breastfeeding Committee.

#### **North East Region**— by Liz Maseth

Madonna spoke at the Tri County group at Martin's Ferry. A 1/2 day conference. Madonna states that the HHS Blue Print for Breastfeeding and the CDC publication were given to the attendees.

**South East Region**— No Report. Madonna announced that Jean Cooper has agreed to be the South East Representative. Madonna thanks T'Wana Snyder for serving as the representative and giving of her time and energy for OLCA.

**Summit County Perinatal Breastfeeding Network** group is a large group and very active. They are trying to standardize guidelines and work with area hospitals to use the same policies/guidelines. They will have a conference some time in the spring. Noted that Akron Hospital uses own mothers milk but not donor milk at present.

**Breastfest Up Dates:** The Conference is on April 27th and 28th (a Thursday night and Friday all day) at the Embassy Suites in Dublin, Ohio, right off of 270. The rooms are suites at \$105-\$115 per room, but the rooms are bigger and you can put up to six people in one room. You do need to ask for 2 double beds versus one King if you plan on having six or want a bed to yourself. There is a full breakfast buffet in the morning included with room.

#### **Membership**

OLCA members who are renewing their ILCA dues this year can receive a \$20 dollar discount if they pay through OLCA. Members need to send check of \$99 made out to OLCA and their filled out ILCA form to Joy Kubit. Joy will then send the forms and one check to ILCA. The deadline for getting checks to Joy is December 15th.

#### **Old Business**

Web site: it is slowly coming. Denny wants to be sure that the site is secure. We do have some bugs that need to be worked out as well as learning how to use the program. It is not happening as fast as we would like, but it will happen.

Madonna thanked Nancy Howe for all the work she did to get the OLCA pins for us.

Calendars are not going to get done this year, but we will work on them this year to prepare for 2007. The hospital where the pictures will be taken has a wide variety of ethnic groups and a good variation in children's ages.

*(Continued on page 6)*

## **New Business**

Madonna sent out 34 letters to various group and coalitions through out the state. She invited them to come to a meeting to decide on 2 people who could represent Ohio at the National Breastfeeding Coalition meeting in January in Washington. 15 people attended. Dee Keith and Joy Naughton were elected to be the representatives. Their room and board will be covered by the USBC. The USDA is paying for the WIC State Breastfeeding Coordinators to attend. Madonna noted however that anyone who wants to and has an interest can attend. Those that do attend will then start the Ohio Breastfeeding Coalition.

Madonna states she is waiting for ILCA to send information on a sister group that OLCA could support.

Linda Smith and Dr. Hale have started a book fund for the Katrina victims to help replace their breastfeeding resources that were lost. Membership voted to donate \$150 to the fund.

Madonna is searching for people to be on a block grant review taskforce. She wants one representative from each of the five areas of Ohio. The purpose of the taskforce would be to review the Maternal child 2005 block grant and the proposed 2006 block grant and come up with key talking points on how breastfeeding can fit in with their objectives.

If members are interesting in writing a letter to the new director of UNICEF about cutting the funding used to enforce the WHO Code for marketing of breastmilk substitutes OLCA has a sample letter. The funds were extended for 6 months but the plan is still to cut the funds.

Lynn Castele gave a gentle reminder to members to follow the code of ethics any time copywrited materials are distributed. Articles should have printed on them that permission was obtained to copy and distribute. You can get permission by contacting the publisher (not the author) or through a copywrite clearing house. Their web site is [www.copywrite.com](http://www.copywrite.com). There may be a small fee.

The meeting was adjourned at 12 noon.

Respectfully submitted  
Judy McCurdy RN, IBCLC

## **Summary of Education Session by Robin Hirth on November 18th, 2005**

The educational session of the meeting started at 1pm. The afternoon was an interesting and informative time. OLCA thanks Ms. Hirth for her presentation on the Baby Friendly Hospital Initiative: Who, What, Why, When and How?

Baby Friendly Hospital Initiative (BFHI) is an international program to encourage and recognize hospitals and birth centers that offer an optimal level of care for breastfeeding families. This session offered up to date information on topics such as the history and current status of BFHI, criteria for the award, the application process, and advantages and barriers.

BFHI was launched in 1991 by the World Health Organization and UNICEF. In 1992 the US Department of Health and Human Services provided a grant to convene an Expert Work Group. In 1996 the first pilot assessment took place at Evergreen Hospital. In 1997 Healthy Children Project, Inc. formed Baby-Friendly USA as the non-profit organization which now implements the BFHI in the United States.

Globally there are 18,000 certified hospitals. In the US there are 50. Some of these are large hospitals some are small with deliveries varying between 100 and 8,000 annually. These hospitals vary not only in size and deliveries but some are for profit, some non-profit, some private and some teaching hospitals. They all share a common goal of supporting breastfeeding in their institutions. What criteria was needed for these hospitals to become BFHI?

1. Maintain a written breastfeeding policy that is routinely communicated to all health care staff
2. Train all health care staff in skills necessary to implement this policy
3. Inform all pregnant women about the benefits and management of breastfeeding
4. Help mothers initiate breastfeeding within one hour of birth.
5. Show mothers how to breastfeed and how to maintain lactation, even if they are separated from their infants.
6. Give infants no food or drink other than breastmilk, unless medically indicated.
7. Practice "rooming in"— allow mothers and infants to remain together 24 hours a day
8. Encourage unrestricted breastfeeding.
9. Give no pacifiers or artificial nipples to breastfeeding infants.
10. Foster the establishment of breastfeeding support groups and refer mothers to them on discharge from the hospital or clinic.

How does one apply for BFHI? Obtain an introductory packet and self-appraisal tool. Assemble a team to review and complete the self-appraisal tool. Submit a Certificate of Intent packet which is:

1. Self Appraisal Tool
2. Letter of Intent
3. Annual Fee (ranges from \$550 to \$900)
4. Breastfeeding policy
5. Staff breastfeeding training documentation or plan
6. Breastfeeding rates or plan to collect rates.

BFHI then grants a Certificate of Intent and gives technical assistance and periodic check-ins. When the institution feels it is ready, an on-site visit can then be made. It usually takes at least one year to get to this step. The institution is responsible for paying the travel, room and board for the two assessors. The institution then either receives award or is given feedback. There is an annual renewal survey and fee.

The benefits of achieving this award are many— Quality improvement, prestige, and staff recruitment are a few of them. BFHI offer assistance and support throughout the whole process. The biggest barriers are getting administration to see the cost savings that are possible and stopping the accepting of free formula from formula companies.

Our thanks to Robin for reconnecting us to the BFHI. The information was to the point and easy to understand. It made you want to run back to the work place and get them to start the process.

Judy McCurdy

**REMINDER**  
**Send in applications for OLCA Awards, Scholarships and Grants by March 1st, 2006!**  
See official application forms on OLCA's website:  
[www.ohio-olca.org](http://www.ohio-olca.org)

### **Central Ohio Breastfeeding Coalition met on Tuesday, January 17, 2006.**

Meeting was led by Ann Twigg.

Discussion of article: "*Why do women stop breastfeeding? Findings from the Pregnancy Risk Assessment and Monitoring System*". Pediatrics, January 2006.

This article was chosen because of the inclusion of Ohio mothers in the survey. Ann Twigg shared that all WIC projects in Ohio are currently receiving Baby Weigh Scales and will be instructed in their use.

Back to Basics training will take place in March, 2006.

Ann was attending the National Breastfeeding Coalition in Washington, DC on January 21-22 with other Ohio advocates.

In October, WIC will sponsor a week long Certified Lactation Counselor training for their employees.

Susan Purdy, of OSU Hospital shared that they have initiated a breastfeeding committee and mandatory breastfeeding education for all nursing staff. On February 16, 2006, Dr. Valentine will present the use of human milk in the NICU for Grand Rounds.

Children's Hospital's Chris Smith has completed a Bachelor of Science Degree in Maternal Child Health with a focus in Human Lactation through the Union Institute. Congratulations, Chris!

Children's Hospital will begin a study on the effects of DepoProvera on milk production in correlation to time of dosage given.

Diane Bates reported the Mothers Milk Bank of Central Ohio continues to receive and pasteurize donated milk. Milk depots are now operating Toledo and Madison, WI. Coming soon will be sites in Dayton, Cincinnati and Cleveland.

Submitted by

Deb Zwolinski RN, IBCLC

**\*\* Notice \*\***

After September 1st, 2005 OLCA will charge a \$25 per certificate fee to replace IBLCE certificates.

Attendee must also have signed the sign-in sheet so the CERP Coordinator has proof of person's attendance at said event.

## How Breastfeeding Became Legal in Ohio

Legal you say? How could breastfeeding ever be illegal? Well, the story began over ten years ago in 1994 when Sen. Merle Kearns, Republican from Springfield introduced legislation to protect breastfeeding in public that died in committee. Then in 1999 a Cincinnati mom was asked to stop breastfeeding her baby in her health club play area. It seems that someone had complained. About the same time in Warren County, Ohio the local WalMart staff told a mother that she could not breastfeed her baby in public but would have to nurse him in the bathroom or outside.

Both mothers appealed to the Ohio Civil Rights Commission. The Ohio Civil Rights Commission decided that in Ohio a mother does not have a right under sex discrimination laws to breastfeed in public. This decision prompted the second attempt in 1999 to pass a law in Ohio protecting breastfeeding in public. Senator Rhine McLin and Representative Dixie Allen both Democrats from Dayton sponsored a bill in the Ohio house and senate respectively. The bill was referred to the Justice Committee – the first sign that there would be a problem. During initial testimony by the Ohio Lactation Consultant Association (OLCA) senators questioned whether this bill would allow a mother to breastfeed her baby in church or at a fine restaurant. Other concerns were raised and this bill also died in committee.

Flash forward to 2004. Meanwhile WalMart continued asking mothers to stop breastfeeding in their stores and three mothers sued in Dayton District Court. Once again the court ruled that no sex discrimination had taken place. The 6<sup>th</sup> US Circuit Court of Appeals went on to uphold the District Court and agreed that a mother does not have the right to breastfeed her baby in public under the sex discrimination laws. Their ruling said that “distinctions between women who breastfeed and women or men who do not “is not discrimination on the basis of sex under the law.” ” (from an article by Armond D. Budish writing in the *Columbus Dispatch*, July, 30, 2004)

A law SPECIFICALLY protecting breastfeeding in public was desperately needed. In 2004 Ohio was one of only eleven states that did not have any legal protection for breastfeeding mothers and children. On September 23, 2004 Representative Patricia Clancy, Republican from Cincinnati introduced breastfeeding legislation to protect breastfeeding in public. This time it was referred to the health committee and had an impressive array of supporters: La Leche League of Ohio, Ohio Chapter of the American Academy of Pediatrics, Ohio Nurses Association, Ohio Association of Advanced Practice Nurses, Ohio Association of Family Physicians, Ohio Department of Health and, of course, the Ohio Lactation Consultant Association and many others representing hospitals and themselves. But, by the time the bill was voted out of committee that year’s legislative session was over. It would have to be reintroduced in the 2005 legislative session. All of the breastfeeding community was on pins and needles. Would Representative Clancy reintroduce the bill? Would she get enough co-sponsors a second time around? She was leaving the House and running for Senator from the Cincinnati area. Would she win her election?

January 2005 and the now Senator Patricia Clancy reintroduces in the 126<sup>th</sup> General Assembly a bill to protect breastfeeding in public - S.B. No. 41. Representative Linda Reidelbach introduces the same bill in the House - H.B. No.30. Once again both bills are sent to committee, voted out of committee and sent to their respective chambers for a vote by all the senators and representatives. The bill breezed through the Senate but ran into trouble in the House. Rep. Diana Fessler, Republican from New Carlisle and a former midwife and breastfeeding mother, concerned that a woman might accidentally show her nipples, tried to attach an amendment that would have gutted the bill entirely. She argued that the bill creates “an entitlement for women to expose their breasts in any place of public accommodation with no recourse for businesses.” (I know I’m just dying to expose my breasts in public now, aren’t you?) Instead she proposed gutting the bill’s legal protections and replacing the statement with “It is the strong public policy of the state of Ohio to promote breastfeeding in public places.” This amendment was narrowly defeated 52-45. Thank goodness that when the original version of the bill came up for a vote in the House it passed 92-5 and was sent to the Governor for a legal review on May 19, 2005. At the time the *Columbus Dispatch* commented that the Governor had not yet made any commitment to sign it.

Would the Governor sign it? Would the narrow defeat of the gutting amendment influence his decision? Once a bill reaches the Governor he has ten days to sign it into law. Then the act becomes effective 90 days later. Governor Taft did sign the bill and breastfeeding in public became legal in Ohio on September 16, 2005.

The moms, babies and breastfeeding community in Ohio owe a big debt of thanks to Senator Patricia Clancy, her aide Erika Cybulskis and to Representative Linda Reidelbach for championing the rights of children to receive the best nutrition possible, their mother’s milk from their own mother. We also salute those women who went before and tried eleven and six years ago to make breastfeeding legal in Ohio - Senators Merle Kearns and Rhine McLin and Representative Dixie Allen.

By Ann Twiggs, RD, LD, IBCLC, CLC  
Legislative Liaison  
Ohio Lactation Consultant Association

# **Information on SIDS and SUID from the Centers for Disease Control and Prevention**

## **Sudden Infant Death Syndrome (SIDS): Home**

SIDS is the sudden death of an infant less than one year of age that cannot be explained by information collected during a thorough investigation. An investigation should include a complete autopsy, examination of the death scene, and a review of the clinical history.

Although the overall rate of SIDS in the United States has declined by more than 50% since 1990, rates have declined less among non-Hispanic Black, and American Indian/Alaska Native infants. Moreover SIDS is still the third leading cause of infant mortality in the United States and the first leading cause of death among infants 28-364 days.

The cause of SIDS is currently unknown. Several factors have been identified that increase an infant's risk for SIDS.

### **Risk Factors for SIDS**

#### **1. Tummy (prone) or side sleeping**

Infants who are put to sleep on their tummy or side are more likely to die from SIDS than infants who sleep on their backs.

#### **2. Soft sleep surfaces**

Sleeping on a waterbed, couch, sofa, or pillows, or sleeping with stuffed toys has been associated with an increased risk for SIDS.

#### **3. Loose bedding**

Sleeping with pillows or loose bedding such as comforters, quilts, and blankets increases an infants risk for SIDS.

#### **4. Overheating**

Infants who overheat because they are overdressed, have too many blankets on, or are in a room that is too hot are at a higher risk of SIDS.

#### **5. Smoking**

Infants born to mothers who smoke during pregnancy are at increased of SIDS, Also, infants exposed to smoke at home or at day-care are more likely to die from SIDS.

#### **6. Bed sharing**

Sharing a bed with anyone other than the parents or caregivers and with people who smoke or are under the influence of alcohol or drugs, increases an infant's risk for SIDS. The safest place for an infant to sleep is in their own crib or other separate safe sleep surface next to the parent or caregiver's bed.

### **Sudden Unexplained Infant Death (SUID)**

SIDS is a type of sudden, unexplained infant death (SUID). To distinguish SIDS from other causes of SUID, medical examiners, coroners, and death scene investigators need to conduct a thorough investigation including a complete autopsy, examination of the death scene, and a review of the infant's clinical history. Even when a thorough investigation is conducted, it may be difficult to separate SIDS from other SUID. Below are some examples of causes of SUID.

#### **What are causes of Sudden Unexplained Infant Death (SUID)?**

- **Accidental Suffocation or strangulation in bed**  
(e.g., the infant suffocates while trapped between an adult bed frame and the wall)
- **Other accidental suffocation or strangulation**  
(e.g., the infant suffocates by a plastic bag)
- **Accidental Poisoning**  
(e.g., the infant eats some adult aspirin that were left on a coffee table)
- **Obstruction of respiratory tract**  
(e.g., The infant chokes on a coin, food or other object)
- **Accidental falls**  
(e.g., The infant falls down the stairs)
- **Neglect, abandonment and other maltreatment syndromes**  
(e.g., Ithe infant dies after being left alone for a period of time)
- **Assault and homicide**  
(e.g., The infant dies after someone harms them on purpose)
- **Other symptoms, signs and abnormal clinical and laboratory findings not elsewhere classified (e/g., The infant dies of unknown cause, or unexplained heart or breathing failure)**

Above information from <http://www.cdc.gov/SIDS/>

Reviewed 01/05/06

**Saturday February 11, 2006**

## **National Breastfeeding Coalition Meeting**

***Speaker: Dee Keith, IBCLC, LLL***

Dee will present an update on the National Breastfeeding Coalition meeting held January 21 and 22nd in Washington D.C.

Ohio was well represented at the meeting and lots of exciting things will come out of it.

Come hear what Dee has to say and learn how you can be involved in the next step in promoting breastfeeding and lactation consultants in Ohio!

**Location: Mount Carmel West, Columbus, Ohio**

### **Schedule:**

9:45 am Arrival Time  
10:00 am Business meeting  
12:00 pm Sign in for CE credit  
1:00 pm Program  
3:15 pm End

### **Location:**

Mt. Carmel Medical Center  
Medical Staff Building  
Second Floor Meeting Room  
111 Davis Street  
Columbus, Ohio

### **Audience:**

Lactation Consultants, MDs, RNs, LPNs, RDs, LL Leaders, and others who are helping mothers and infants achieve successful breastfeeding.

### **Directions to Mount Carmel:**

Mount Carmel West—793 State St., Columbus Ohio 43222—Located west of downtown Columbus, just north of I-70 and west of SR315.

#### **From I-71 traveling south:**

Take I-71 to I-70 west  
Take Rich/Town St. exit 99C  
Turn left on Town St.  
Turn right on Green St.

#### **From I-71 traveling north or I-70 traveling west:**

Take Rich/Town St. exit 99C  
Turn left on Town St.  
Turn right on Green St.

#### **From I-70 traveling east:**

Take Broad St. exit 97 Turn left on Broad St., travel 1.5 miles then turn right on S. Davis

### **Parking**

There is an available parking lot on Saturday that is east of the medical staff building on Green Street. (Davis Street is only a pathway between buildings in this area. The Medical Staff Building entrance is south of the emergency vehicle entrance and north of the nursing school area. It is southwest from the parking garage and west of the Green Street outdoor parking area)

# 2006 Election of OLCA Officers and Representatives

**President Elect:**

\_\_\_\_\_ Donna Walls RN, IBCLC

\_\_\_\_\_ Write In \_\_\_\_\_

**Vice President:**

\_\_\_\_\_ Tracey Waller RD/LD, IBCLC

\_\_\_\_\_ Write In \_\_\_\_\_

**South East Representative:**

\_\_\_\_\_ Jean Cooper RN, BSN, IBCLC

\_\_\_\_\_ Write In \_\_\_\_\_

**South West Representative:**

\_\_\_\_\_ Susan Bash RNC, MS, IBCLC

\_\_\_\_\_ Write In \_\_\_\_\_

Please vote on the candidates of your choice or write the name of a person you would like to see in that position. If you are going to use the write in option you must ask the person first if they are willing to take the office and its responsibilities.

Mail your ballot to the OLCA secretary at the following address. Ballots need to be postmarked by March 1st, 2006.

**Judy McCurdy, OLCA Secretary  
7903 Frailey Road  
Vermilion, Ohio 44089**

**Pat Bucknell, IBCLC  
OLCA Membership Chair  
204 James Circle  
Avon Lake, OH 44012**

**OLCA NEWS**

**Time to renew if box is marked**



**Ohio Lactation Consultant Association Membership Form (use for ADDRESS CHANGES too)**

Name: \_\_\_\_\_ Title (e.g. IBCLC, RD/LD, RN, LLLL) \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Preferred Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ County: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Fax Phone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_

\_\_\_\_\_ Enclosed is my \$25.00 check to O.L.C.A. for membership\* \_\_\_\_\_ Address change only

\_\_\_\_\_ Do not include my name on mailing lists provided to external organizations.

**Mail to: Pat Bucknell, IBCLC  
OLCA Membership Chair  
204 James Circle  
Avon Lake, OH 44012**

\*OLCA is a 501C(6) Corporation and membership may be deductible. Check with your tax advisor